



# The Gut Microbiome: Markers of Human Health, Drug Efficacy and Xenobiotic Toxicity

**June 25-26, 2018**

625 First St.  
Alexandria, VA

*A workshop organized by the HESI Microbiome Committee*



**GOAL:** To identify data gaps that can be addressed to help determine if alterations in the gut microbiome have an effect on human health

**ABSTRACT:** The gut microbiome is believed to play an important role in human health in areas as diverse as brain function and the immune system. Exploring host-microbiome interactions will provide a mechanistic understanding and enable new insights in human diseases (i.e., their diagnosis, prognosis and treatment) and new perceptions of xenobiotic efficacy and/or toxicity. This workshop will review the science and initiate discussions on multiple topics, including a) identification of biomarkers of toxicity for alterations in gut microbial function, b) if changes in the microbiome can affect efficacy of medicines and c) if exposure to xenobiotics can eventually result in a disease state through changes in the microbiome. Conclusions from this workshop will help determine where the data gaps are so that researchers can start answering these questions.

**AIMS:** (1) To discuss and review the current science on the gut microbiome and identify areas of interest regarding its role in human health; (2) To discuss our understanding on how xenobiotic toxicity affects the microbiome; (3) To understand if there are biomarkers of disease or organ damage due to alterations of microbiome structure and function, endogenous microbial metabolites and microbiota metabolism of exogenous compounds

## **PROGRAM OVERVIEW**

### **Monday, June 25, 2018**

#### **Plenary**

**Session 1: Biotransformation** – How does gut microbial metabolism and biotransformation affect xenobiotics and how do xenobiotics alter gut metabolism? Do the metabolites exert measurable biological activity compared to parent xenobiotic? Are there human or ADME studies in experimental animals on the bioavailability of the xenobiotic to intestinal microbiota?

**Session 2: Biomarkers of adverse effects** – Are there biomarkers that can be identified to determine adverse effects on the microbiome?

**Session 3: Biomarkers of toxicity & disease** – Do changes in the gut microbiome produce adverse effects that can impact the health of the host and result in the presence of biomarkers?

**Light reception & Poster session**

### **Tuesday, June 26, 2018**

**Session 4: Human Susceptibility** – Does the gut microbiome play a part in individual responses?

**Session 5: Animal Models** – What are the variables that can alter the test animal microbiomes and can they be minimized to allow for the design and interpretation of studies that would be more applicable to the human condition?

**Session 6: Breakout Groups**



## Workshop Schedule Overview

	<u>MONDAY, JUNE 25</u>	<u>TUESDAY, JUNE 26</u>	<u>WEDNESDAY, JUNE 27</u>
8:00 AM	<b>Welcome &amp; Introduction</b> 8:00am – 8:15am	<b>Welcome &amp; Recap Day 1</b> 8:30am – 8:40am	
	<b>Plenary</b> 8:15am – 9:00am		
9:00 AM	<b>Session 1</b> 9:00am – 9:40am	<b>Session 4</b> 8:40am – 10:40am	<b>Committee meeting</b> (closed) 8:30am – 1:30pm
	<b>BREAK</b> 9:40am – 10:00am		
10:00 AM	<b>Session 1 (cont'd)</b> 10:00am – 11:20am	<b>BREAK</b> 10:40am – 11:00am	
11:00 AM			
	<b>LUNCH</b> 11:20am – 12:20pm	<b>Session 5</b> 11:00am – 1:00pm	
12:00 PM			
1:00 PM	<b>Session 2</b> 12:20pm – 3:00pm	<b>BREAK/WORKING LUNCH</b> 1:00pm – 1:30pm	
2:00 PM			
	<b>Break</b> 3:00pm – 3:20pm	<b>Breakout Groups</b> 1:30pm – 3:30pm	
3:00 PM			
	<b>Session 3, Part 1</b> 3:20pm – 5:20pm	<b>BREAK</b> 3:30pm – 3:50pm	
4:00 PM			
	<b>Closing Remarks</b> 5:20pm – 5:30pm	<b>Report Back/Discussion</b> 3:50pm – 4:50pm	
5:00 PM			
	<b>Poster Session/Reception</b> 5:30pm – 6:30pm	<b>Wrap-up/close</b> 4:50pm – 5:00pm	
6:00 PM			



## DAY 1: MONDAY, JUNE 25

### Welcome/Introduction

8:00am – 8:15am

*Donna Mendrick, US FDA/NCTR*

### Plenary

8:15am – 9:00am

#### **Drugging Gut Microbial Enzymes for the Treatment of Cardiometabolic Disease**

*Mark Brown, Cleveland Clinic*

### Session 1: Biotransformation

This session will evaluate three areas of gut microbiome mediated biotransformation of toxicants: 1) gut microbial metabolism and biotransformation of xenobiotics (including specific pathways, microbial metabolites and their metabolism in the host); 2) modification of chemical effects by the microbiome; and 3) how the microbiome affects xenobiotic toxicity. While there are numerous examples of the gut microbiome altering compounds, there have been no systematic efforts to examine how microbial enzymes present in the gut microbiota interact with a broad spectrum of chemicals. We will attempt to generalize this effort by providing linkages between classes of xenobiotics and enzymes classes. The focus will be on developing a better mechanistic understanding of how the gut microbiome influences how chemicals affect the host.

*Moderated by: José Manautou (U Conn) and Vicki Sutherland (NIEHS/NTP)*

9:00am – 9:40am

#### **Overview of Biotransformation of Xenobiotics by Microbiota**

*Julia Cui, University of Washington*

9:40am – 10:00 am

#### **Break**

10:00am – 10:40am

#### **Gut Microbial Transformation – Endogenous and Exogenous Metabolites & Effect of Xenobiotics on Microbial Composition and Endogenous Functions**

*Gary Perdew, Penn State University*

10:40am – 11:20am

#### **Modification of Chemical Effects by Microbiome?**

*Andrew Patterson, Penn State University*

11:20am – 12:20pm

### Lunch

### Session 2: Biomarkers of Adverse Effects

This session will evaluate three key issues to help identify biomarkers of adverse effects on the microbiome: 1) where to look for the biomarkers; 2) what level of specificity can be achieved (i.e., general biomarkers of adverse effects or ones that are specific for a given chemical); 3) what types of changes are most informative (e.g. changes in microbial populations, microbial products, or chemical metabolites). The source of sampling will be dependent on the microbiota of interest, but for the gastrointestinal microbiome, the most likely medium is fecal samples (though fecal samples may not be a reliable proxy for the dynamics of the microbiota at the mucosal surface). The



constant turnover of microorganisms within the GI tract will produce a baseline level of shedding of microbial populations, their DNA, and their protein components into the feces. Exposure to agents that adversely impact the GI microbiota may cause significant alterations in the abundance of microbial species (some species may be more susceptible than others), changes in the metabolites that are shed in the feces after the acute exposure, and/or a shift in baseline microflora with chronic exposure. Chemical-specific biomarkers could be used to identify alterations in specific pathways altered by exposure to exogenous agents. These biomarkers could potentially be detected within the feces or in other bodily fluids such as blood and urine.

*Moderated by: Steve Foley (US FDA/NCTR) and Daniel Goldstein (Monsanto)*

12:20pm – 1:00pm

**What is an Adverse Effect?**

*Rodney Dietert, Cornell University*

1:00pm – 1:40pm

**Where to Look for Biomarkers?**

*Carrie Brodmerkel, Janssen*

1:40pm – 2:20pm

**Challenges in Determining Sensitive Biomarkers of Dysbiosis When Assessing the Impact of Antimicrobial Drug Residues in Food on the Human Intestinal Microbiome**

*Carl Cerniglia, US FDA-NCTR*

2:20pm – 3:00pm

**What are the Tools and Technologies Needed?**

*Joseph Petrosino, Baylor College of Medicine*

3:00pm – 3:20pm

**Break**

**Session 3: Biomarkers of Toxicity & Disease**

Changes in the gut microbiome either through drug administration, alterations in diet, disease states, exposure to toxicants, etc. may produce an adverse effect and thereby have an impact on the health of the host. This can directly affect the GI tract or produce adverse effects in other organs or the system as a whole. In addition, organ injury to the host can disrupt symbiosis with resident microbes leading to potential changes in the microbiome. This session will focus on determining if changes in the microbiome due to xenobiotic-induced toxicities or disease resulting in host injury produces specific markers of such, and assessing if and how these “biomarkers” can be identified.

*Moderated by: Sangeeta Khare (US FDA/NCTR) and Paul Carlson (US FDA/CBER)*

3:20pm – 4:00pm

**Toxicity and Environmental Pollutants**

*Kun Lu, University of North Carolina Chapel Hill*

4:00pm – 4:40pm

**Identification of Microbiome-based Biomarkers and Challenges Associated with their Application: Case Studies from Obesity, IBD, and Cancer**

*Emily Hollister, Diversigen*



4:40pm – 5:20pm

### **The Microbiome and Hypertension**

*Elaine Richards Sumners, University of Florida*

### **Day 1 Closing Remarks**

5:20pm – 5:30pm

*Donna Gulezian, Taconic Biosciences*

### **Poster Session/Reception**

5:30pm – 6:30pm

## **DAY 2: TUESDAY, JUNE 26**

### **Opening Remarks**

8:30am – 8:40am

*Donna Gulezian, Taconic Biosciences*

### **Session 4: Human Susceptibility**

Susceptibility to adverse reactions (e.g., drugs and/or environmental agents) and drug efficacy is patient-specific suggesting multiple factors play a role. This is exhibited by patients that develop an idiosyncratic reaction to a drug yet can sometimes be placed back on the drug and tolerate it well. In general, about 70% of patients respond in an efficacious manner to individual drugs. Since the gut microbiome may be an important component in moderating effects of exogenous agents, it will be the focus of this session to determine if the gut microbiome plays a part in individual responses either through microbial metabolism of the compound, thus generating specific biomarkers or alteration of host uptake. Furthermore, as the drugs themselves may cause a change in the gut microbiome, it would necessitate following the flora in patients, during the course of their therapy, to determine if biomarkers of such alterations may lead to improved precision medicine.

*Moderated by: Charlene McQueen (U Arizona) and Katherine Karberg (Monsanto)*

8:40am – 9:20am

### **Health Insights from Microbiomes in the Context of Personal, Dense, Dynamic, Data Clouds**

*Nathan Price, Institute for Systems Biology*

9:20am – 10:00am

### **Age – Early & Late Life**

*Eugene Chang, University of Chicago*

10:00am – 10:40pm

### **Gender and the Gut Microbiome**

*Marijke Faas, University of Groningen*

10:40am – 11:00am

**Break**

### **Session 5: Key Animal Models**

There is currently an explosion of studies on the host microbiome that are based on experiments in mice. However, these experiments have also revealed that there are many variables that can alter the murine



microbiome, murine pathophysiology and biomarkers of organ injury, including diet, housing conditions, sex, stress, etc. Thus, guidance needs to be provided that can minimize these variables and allow for a more direct comparison across animal studies.

*Moderated by: Howard Young (NIH/NCI) and Frank Burns (DuPont)*

11:00am – 11:40am

**Overview of Key Factors Known to Affect Composition of Laboratory Rodent Gut Microbiome**

*Aaron Ericsson, University of Missouri*

11:40am – 12:20pm

**Natural World Versus Laboratory World: Natural Gut Microbiota from Wild Mice Improve Host Fitness in Viral Infection and Carcinogenesis Models**

*Barbara Rehermann, NIH/NIDDK*

12:20pm – 1:00pm

**Investigating Interactions Between Chemicals and Microbiota in Zebrafish**

*Tamara Tal, US EPA*

**Break/Working Lunch**

1:00pm – 1:30pm

**Instructions and aims for breakout groups**

**Grab lunch and head to breakout groups**

**Working Lunch/Breakout Groups**

1:30pm – 3:30pm

**Break**

3:30pm – 3:50pm

**Breakout Groups Report-Back**

3:50pm – 4:50pm

**Workshop Wrap-up/Adjourn**

4:50pm – 5:00pm

*Vicki Sutherland, NIEHS/National Toxicology Program*