# Pregnancy and Lactation Labeling Rule: Taraetina the

Targeting the Audience

SHARI I. LUSSKIN, MD

CLINICAL PROFESSOR OF PSYCHIATRY, OBSTETRICS, GYNECOLOGY & REPRODUCTIVE SCIENCE, ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI

LABELS WITHOUT CATEGORIES: A WORKSHOP ON FDA'S PLLR MAY 20, 2015 ARLINGTON, VA

#### Disclosure

- Consultant and Director of
   Psychopharmacologic Agents at The
   Reproductive Toxicology Center A Non Profit Foundation <a href="www.reprotox.org">www.reprotox.org</a>
- Peer Reviewer for UpToDate www.uptodate.com
- Consultant to Pfizer, Inc. regarding Zoloft and Effexor litigation
- Website: www.drsharilusskin.com

#### The Practice of Evidence-Based Medicine....

- Integrates...
  - the best external evidence
  - with individual clinical expertise
  - and patient preference
- .....to provide the best care possible for each individual patient

# The best external evidence

How can the labeling help?

By providing the evidence

## Who reads the labeling?

Doctors

Patients

Lawyers

#### Doctors & other prescribers

- Short attention spans
- Paper: out Mobile: in
- Need:
  - "quick take"
  - easily identifiable sections

#### Patients

Anxious patients read the labeling

- All risks are perceived as equal
  - ► 1/1000 -1/10000 = 1/100 -1/1000 = 1/1 = ME

## Doctors: What is our role?

Google: good for knowledge transfer

Doctors: good for knowledge translation

## The Labeling Makers: What's your role?

Facilitate GOOD knowledge transfer and translation

Clear, concise, and clinically relevant

Clarify relative risks of drug

#### Goal: to improve patient care

- To promote the practice of evidence-based medicine....
- The labeling must present the best evidence in a clinically relevant and user-friendly way
- Doctors have the task of explaining why the illness presents greater risks